

Sortie

GRILL & BAR

— SORTIE GRILL & BAR —

LUNCH MENU

— MONDAY TO FRIDAY 12pm - 3pm —

(excluding Bank Holidays & Special Days)



/sortiegrill

www.sortiegrillandbar.com

Tel:01708 479 400



/sortiegrill_essex

Lunch Menu

Monday to Friday: 12pm Till 3pm
(excluding Bank Holidays & Special Days)

One Course £9.95 / Per person
Two Courses £12.49 / Per person

Cold Appetisers

Humus | v | n

A fine blend of mashed chickpeas with tahini, garlic, fresh lemon dressing and finished with extra virgin olive oil.

Cacik (tzatziki) | v

A blend of finely chopped cucumbers with fresh mint, garlic, strained Turkish yogurt and finished with extra virgin olive oil.

Tarama Salata

Smoked Cod roe, pureed with fresh lemon juice and extra virgin olive oil.

Shakshuka | v

Pieces of deep-fried aubergine, pan-fried onions and mixed peppers in a fresh garlic tomato sauce.

Tabbouleh | v

Finely chopped parsley, fresh mint, spring onion, cracked wheat, extra virgin olive oil, pomegranate puree and lemon juice.

Feta Cheese | v

Special Feta cheese accompanied with mixed leaves and sliced tomatoes.

Hot Appetisers

Spinach Pancake | v

Pancake filled with mozzarella and goat's cheese, creamy spinach and topped with cheese & tomato sauce.

Falafel | v | n

Deep fried balls of chickpeas and broad beans. Served on a bed of hummus

Sucuk (Turkish sausage)

Spicy pieces of Turkish (beef) sausage accompanied with mixed leaves.

Filo Pastry | v

Delightfully deep fried filo pastry filled with mixture of feta cheese, spinach and mint. Served with sweet chilli sauce.

Calamari

Fresh calamari lightly dusted with flour, deep fried and served with our homemade tartar sauce.

Halloumi & Mushrooms | v

Lightly pan-fried mushrooms and halloumi cheese cooked with peppers, onions and tomatoes in a fresh tomato sauce.

All foods are subject to availability.

If you suffer from any allergy or intolerance, please let a member of the staff know upon placing your order.

V= Vegetarian

N= Nut

Lunch Menu

Main Course

Sortie Burger

100% Homemade lamb burger topped with cheese, tomato pickles, green leaf salad and finished with burger sauce in a brioche bun. Served with chips and ketchup

Sortie Chicken Burger

Grilled chicken topped with cheese, tomato, green leaf salad and finished with mayonnaise in a brioche bun. Served with chips and ketchup

Adana Kofte *(Gluten free option available)*

Hand minced lamb fused, mixed with red bell peppers, and parsley seasoned with herbs. Grilled on a skewer. Served with rice and salad.

Chicken Shish *(Gluten free option available)*

Prime cuts of marinated lean and tender cubes of breast chicken cooked over charcoal. Served with rice and salad.

Adana Kebab with Yoghurt

Charcoaled prime minced lamb, on a bed of bread croutons, covered with homemade tomato sauce and traditional strained yoghurt with garlic, flavoured with butter sauce. Served with rice.

Chicken Wings *(Gluten free option available)*

Marinated chicken wings, grilled over charcoal. Served with rice and salad.

Spicy Lamb Stew

Pan-fried lamb cubes with mushrooms, onions & peppers in an authentic tomato sauce. Served with rice

Spicy Chicken Stew

Pan-fried diced chicken breast with mushrooms, onions and peppers in an authentic tomato sauce. Served with rice.

Chicken Pasta

Penne pasta cooked with chicken cubes and mushrooms cooked in a delicious creamy tomato sauce with a hint of garlic and topped with parmesan cheese.

Seabass Fillet

Chargrilled fillet of sea bass seasoned and marinated with black pepper, lemon and extra virgin olive oil. Served with chips and salad

Spinach Pancake | *v*

Pancake filled with goat's cheese, creamy spinach topped with mozzarella cheese and rich tomato sauce. Served with rice and salad

Falafel | *v | n*

Deep fried balls of chickpeas and broad beans. Served with hummus, rice and mixed salad.

Veggie Moussaka | *v*

Oven cooked layers of potatoes, courgette, aubergines, mixed peppers and carrots finishing with layers of silky béchamel sauce with mozzarella cheese and topped with rich tomato sauce. Served with rice and salad.

Chicken Beyti with Yoghurt

Charcoaled prime minced chicken breast on a bed of bread croutons, covered with homemade tomato sauce & traditional strained yoghurt with garlic, flavoured with butter sauce. Served with rice.

Chicken Beyti *(Gluten free option available)*

Hand minced prime chicken breast, seasoned with red peppers, garlic, red chilli flakes, parsley and grilled on a skewer. Served with rice and salad

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